

The People

An ostomate is a person first, who has undergone surgical changes. People with ostomies, whether ileostomies, colostomies, urostomies or alternate procedures (J-Pouch, Kock Pouch, Indiana Pouch, etc.), share similar concerns, but each has a unique response.

Within the membership of the Greater Cincinnati Ostomy Association, there will be people of all ages who have the same feelings, concerns and uniqueness, that you are experiencing. We encourage you to bring family and friends so they can support you and they, too, can learn. We meet at least once each month, but calls or personal visits are available all year.

Educational Support Meetings:

- ☆ 7:30 pm, 3rd Thursday of even months (Feb, Apr, Jun, Aug, Oct, and Dec) on Zoom & in-person at the Lynn Stern Center of the Cancer Support Community—Gr Cincinnati-NKY Blue Ash Location | 4918 Cooper Road Cincinnati, Ohio 45242
- ☆ Casual Dinner Meetings on 3rd Thursdays of odd months 6:00 pm, various locations

Satellite Meetings:

- Westside Support Meeting** at Mercy West Hospital 2nd Monday Odd Months 6:30 – 7:30 PM (except July) Michele Pelfrey, CWOCN 513-215-0675
- Eastside Afternoon Support Meeting** at Clermont Hospital 2nd Friday of Even Months 1:00 – 3:00 PM (except June) Gina Rose, CWOCN (513) 732-8711

(Please call or check the website to confirm meeting times & locations!)

Please join us!

The Greater Cincinnati Ostomy Association is a non-profit, volunteer organization, supported by donations. If you would like to make a tax-deductible contribution (monetary or ostomy supplies) please contact us, see our website form or mail a check.

Thank You!

Youth Rally

The GCOA supports youth in our community as well as those around the world. The Youth Rally is a camp held each July, in order to meet other young people who deal with similar life experiences. If you know any youth (and their parents) who would be interested in getting information or joining our group, please contact us.



☆ **Education**
☆ **Information**
☆ **Support**
☆ **Advocacy**



***It's Not Always What You Can
Get From A Support Group,
It's Also What You Can Give
Back!***

Those of us with the Greater Cincinnati Ostomy Association are here to help. At one time we were the ones looking for assistance. If you don't feel like you are in need of assistance at this time, **you** may be the one who could help someone else.

Join Us Today!



Greater Cincinnati Ostomy Association



Affiliate of



We know! We care!

***Providing education,
information, support, and
advocacy for people who have had
or will have intestinal or
urinary diversions.***

Greater Cincinnati Ostomy Association

7942 Schoolhouse Lane
Cincinnati, Ohio 45242

24 Hr Voice Mail: **(513) 202-3345**

www.MyGCOA.org

Sign up online for our newsletter

Also find us on Facebook, Instagram, LinkedIn & Twitter (MyGCOA)



United Ostomy Associations of America

(National Organization)

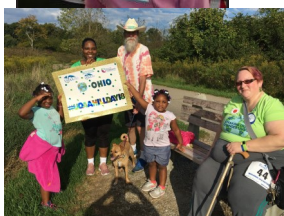
1-800-826-0826

www.uoaa.org

E-mail: info@uoaa.org

Our History

The Greater Cincinnati Ostomy Association is just one of hundreds of independent associations in the United States. Founded in 1959, the Greater Cincinnati Ostomy Association is one of the oldest organizations, "dedicated to providing mutual aid and psychological support, education and rehabilitation services to its membership and the ostomy community at large."



Check us out!



**The Greater Cincinnati
Ostomy Association**

www.mygcoa.org

We are on Facebook, Instagram,
LinkedIn & Twitter!



Search for MyGCOA!

Our Purpose

The Greater Cincinnati Ostomy Association has the following primary responsibilities:

- Assist in the rehabilitation of those who have or will have ostomy surgery of any type.
- Provide support, encouragement and reassurance to the ostomate and their family.
- Continue the education of our membership with regard to news in the world of ostomy research & developments.

Additionally, we will attempt to:

- Promote better public understanding of ostomies.
- Provide experienced members/speakers to address groups of physicians, nurses, social workers, student nurses and others concerned with the care & rehabilitation of ostomy patients.

What You Can Expect

Support – Understanding – Knowledge

- Trained volunteers for visitors, either in person or by phone, who offer visual evidence and assurance that life with an ostomy need not be a handicap.
- Educational meetings designed to meet the subject matter interests of our membership. Friends and families are encouraged to attend. A certified ostomy nurse is in attendance to provide professional guidance. Meetings include an opportunity to ask questions, share experiences and compare ideas/solutions to the challenges of ostomy management, including appliances, equipment & accessories for ostomy care.
- An opportunity to contribute! You'll be surprised at how soon you'll be able to help others!

To join or get more information please:

Signup online at **www.MyGCOA.org**

Or send us the below information by US
Mail, Email, or Message on our voice mail

(513) 202-3345

Info@MyGCOA.org

(Please print clearly!)

Name _____

Phone (_____) _____

Address _____
(Street)

(City) (State) (ZIP)

Optional:

Type of Surgery _____

Birth Date or Year _____

Email _____

I would like to:

_____ become a member & receive newsletters.

(Optional donation _____ \$20 _____ \$25
_____ \$35 \$ _____ Other)

***NOTE:**

We run 100% on donations & volunteers!

_____ attend a meeting, but do not have
transportation.

_____ sign-up for online newsletters.

_____ have a Ostomy Visitor call me.

Please mail to:

Greater Cincinnati Ostomy Association

7942 Schoolhouse Lane

Cincinnati, OH

45242

